

# DELIVERY: INJURY PREVENTION COURSE

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## THREE DELIVERY OPTIONS

Three Delivery Options presented to all 400 Alabama municipalities on their choice of options at no-cost (Option 1 meets the requirement of HB9);

1. Individual volunteer coaches can register and take the course and testing independently online through a municipal link to CoachSafely.org
2. Blended learning classroom with a certified athletic trainer or comparable medical professional instructing using videos in addition to the online materials and testing.
3. Monitored two-hour classroom delivery of the course and testing online through a municipal link to CoachSafely.org

## RECOMMENDED STEPS FOR MUNICIPALITIES

**1. STEP ONE Informational-** A designated municipal policy authority will review the State Department of Public Health rules for implementation, administration and enforcement. Each municipality will assign a contact for communication with the education course distributor; Coach Safely or a comparable provider. (INSERT COACH SAFELY CONTACT INFORMATION)

- Initiate a communication plan to create awareness of the law within the recreational community (coaches/ parent/ athletes). A one-pager Coach Safely Act announcement is printed on the back page of this brochure.

**2. STEP TWO Make a Registry-** A municipal representative for all of recreational sports meets with a representative of each sports association to assess the registry of coaches and the action steps for each sports association.

- Determine the means of registering all coaches for a youth sports injury prevention course and submit the registry to education course provider. Coach Safely can assist directly in this step.

**3. STEP THREE Formulate an Educational method-** The municipality or its representative will formulate the best plan for course delivery (options above) within each sport. Upon request Coach Safely can assist directly in the step.

- Prescribe the educational method and the timeline for each sport within their seasonal cycle. The Coach Safely Act states the course be completed within 30 days of a volunteer beginning to coach.

**4. STEP FOUR Memo of Understanding-** Agreement with a course provider; Coach Safely or a comparable provider.

- Execute a memo of understanding with the provider (Coach Safely or a comparable) for the means of delivery in fulfillment with a dated itinerary.

**5. STEP FIVE Establish an Itinerary-** Determine an itinerary with dates and times and the following;

- Identify the administrator with oversight for the course to be delivered to each enrolled coach
- Distribute an itinerary with a schedule for the fulfillment of the provider agreement for delivery of the prescribed course series and the corresponding assigned responsibilities for oversight by the municipality.
- Recording of attendance of each coach enrollee and verification of course completion with the assigned administrative oversight for validation (Coach Safely Registry).