DELIVERY: INJURY PREVENTION COURSE

THREE DELIVERY OPTIONS

Three Delivery Options presented to all 400 Alabama municipalities on their choice of options at no-cost (Option 1 meets the requirement of HB9):

1. Individual volunteer coaches can register and take the course and testing independently online through a municipal link to CoachSafely.org

2. Blended learning classroom with a certified athletic trainer or comparable medical professional instructing using videos in addition to the online materials and testing.

3. Monitored two-hour classroom delivery of the course and testing online through a municipal link to CoachSafely.org

RECOMMENDED STEPS FOR MUNICIPALITIES

1. STEP ONE  Informational- A designated municipal policy authority will review the State Department of Public Health rules for implementation, administration and enforcement. Each municipality will assign a contact for communication with the education course distributor; Coach Safely or a comparable provider. (INSERT COACH SAFELY CONTACT INFORMATION)
   • Initiate a communication plan to create awareness of the law within the recreational community (coaches/ parent/ athletes). A one-pager Coach Safely Act announcement is printed on the back page of this brochure.

2. STEP TWO  Make a Registry- A municipal representative for all of recreational sports meets with a representative of each sports association to assess the registry of coaches and the action steps for each sports association.
   • Determine the means of registering all coaches for a youth sports injury prevention course and submit the registry to education course provider. Coach Safely can assist directly in this step.

3. STEP THREE  Formulate an Educational method- The municipality or its representative will formulate the best plan for course delivery (options above) within each sport. Upon request Coach Safely can assist directly in the step.
   • Prescribe the educational method and the timeline for each sport within their seasonal cycle. The Coach Safely Act states the course be completed within 30 days of a volunteer beginning to coach.

4. STEP FOUR  Memo of Understanding- Agreement with a course provider; Coach Safely or a comparable provider.
   • Execute a memo of understanding with the provider (Coach Safely or a comparable) for the means of delivery in fulfilment with a dated itinerary.

5. STEP FIVE  Establish an Itinerary- Determine an itinerary with dates and times and the following;
   • Identify the administrator with oversight for the course to be delivered to each enrolled coach
   • Distribute an itinerary with a schedule for the fulfilment of the provider agreement for delivery of the prescribed course series and the corresponding assigned responsibilities for oversight by the municipality.
   • Recording of attendance of each coach enrollee and verification of course completion with the assigned administrative oversight for validation (Coach Safely Registry).